

Herbal Chronicles is written by Medical Herbalist Sarah Atkinson of the Medicine Garden, Ulverston, it is illustrated and designed by Artist Designer Sally Bamber



You can purchase your copy from these fabulous places:

The Medicine Garden

10 Union Street, Ulverston
Cumbria LA12 7HR

Open: 10am-4pm Tuesday, Thursday, Saturday
www.medicine-garden.com

Abi&Tom's Garden Plants

Halecat, Witherslack, Cumbria LA11 6RT

Open: 10.30am-5pm every day
www.abiandtom.co.uk

Yew Tree Barn

Low Newton, Nr Cartmel

Grange-over-Sands, Cumbria LA11 6JP

Open: 10am-4pm every day
www.yewtreebarn.co.uk

Brantwood

East of Lake, Coniston

Cumbria LA21 8AD

Open: 10.30am-4pm Wednesday to Sunday
www.brantwood.org.uk

Oubas

Unit 4, Morecambe Road Ulverston,

Cumbria LA12 9FU

Open: 10am-5pm Wednesday to Sunday
www.oubasknitwear.co.uk

The Beach Hut Gallery

Kents Bank Station, Kentsford Road,

Grange-over-Sands, Cumbria LA11 7BB

Open: 11am - 4pm Thursday-Sunday
www.thebeachhutgallery.co.uk



This pocket-sized book is perfect for foraging walks, christmas stockings and soothing herbal gifts. It is A6, with 240 pages of herbal stories, illustrated with plant watercolours.

or by post:

email: hello@sallybamber.com

£12 plus £3 postage